

Limitless Athletics Inc.

Coach and CIT Application

Applicant Information

Full Name: _____ Date: _____
Last First M.I.

Address: _____
Street Address Apartment/Unit #

City Prov. Postal Code

Phone: _____ Email _____

Date Available: _____ Social Insurance No.: _____ Hours Per Week: _____

Are you a Canadian Citizen? YES NO If no, are you authorized to work in Canada? YES NO

Have you ever worked for this company? YES NO If yes, when? _____

Have you ever been convicted of a felony? YES NO

If yes, explain: _____

Please check the area(s) you are comfortable / interested in coaching.

I am looking to gain experience as a **CHEER** CIT (Coach in training) – volunteer position

Competitive Cheerleading (Head or Co-Coach)

Recreation Cheerleading (Head or Co-Coach)

Tumbling classes/privates (Head or Co-Coach)

If I am not selected as a head / co-coach, I am interested in being a CIT (coach in training) YES NO

I have availability to coach during the day for daytime programming YES NO

Current ACA or Relevant Certifications

Have you ever coached this sport before?

No

Yes Number of Years: _____ Where: _____

Levels and number of teams coached:

Please rate your knowledge of the following topics by circling the appropriate number. 1 being not familiar and 3 being very comfortable

Organizing and preparing a practice	1	2	3
Age-appropriate sport activities for young athlete's	1	2	3
Basic stunting / dance techniques / tumbling techniques	1	2	3
Ability to be animated and excited to interact with children	1	2	3
Time management	1	2	3
Ability to respond to emails and communication in a timely manner	1	2	3
Accurately and consistently filling out a time sheet	1	2	3
Use of equipment and drills	1	2	3
Working and communicating with parents	1	2	3
Warm up and conditioning techniques	1	2	3
Preparing a routine for a competition	1	2	3
Creating Choreography	1	2	3
Athletic nutrition, injury prevention and treatment	1	2	3
High level stunting & tumbling / dance technique (levels 3+)	1	2	3
IASF/ICU leveled rules	1	2	3

Please list two people who know you sufficiently well (non family members) to comment on your past or present coaching or your potential to be a coach and can attest to your ability and reliability.

References

Please list three professional references.

Full Name: _____ Relationship: _____
 Company: _____ Phone: _____
 Address: _____

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Office Use Only

Criminal record check complete	YES <input type="checkbox"/>	NO <input type="checkbox"/>
NCCP Making headway in sport	YES <input type="checkbox"/>	NO <input type="checkbox"/>
NCCP Preparing and planning a practice	YES <input type="checkbox"/>	NO <input type="checkbox"/>
NCCP Making legal and ethical decisions	YES <input type="checkbox"/>	NO <input type="checkbox"/>
The rule of two	YES <input type="checkbox"/>	NO <input type="checkbox"/>
NCCP Safe Sport Training	YES <input type="checkbox"/>	NO <input type="checkbox"/>
First Aide Complete	YES <input type="checkbox"/>	NO <input type="checkbox"/>